

HAND WASHING

DURING the TIME of COVID19 & FOREVER MORE

ONLY 3-6%
WASH
CORRECTLY

WASH FOR  **SING HAPPY BIRTHDAY 2X**
20-25 SECONDS

UNDER YOUR NAILS

INCLUDING ARTIFICIAL NAILS

COVID CAN LIVE ON PLASTIC FOR 3-4 DAYS



USE A TOOTHBRUSH
YOU DEDICATE FOR
THIS TASK

UNDER YOUR RINGS

**WHERE YOUR THUMB
MEETS YOUR HAND**